

# SENATE RESOLUTION NO. 73

Senator Bayer offered the following resolution:

1           A resolution to designate September 2023 as Suicide Prevention  
2 Month.

3           Whereas, There is no single cause or solution to suicide, but  
4 we know that access to support and treatment saves lives; and

5           Whereas, Mental health can be a common factor for those  
6 contemplating suicide, and other contributing factors play a large  
7 role; and

8           Whereas, According to the Centers for Disease Control and  
9 Prevention, suicide is the tenth leading cause of death in the  
10 United States as well as the second leading cause of death among  
11 individuals between the ages of 10 and 34 years; and

12           Whereas, In the United States, an individual dies by suicide

1 every 11 minutes, resulting in nearly 48,000 deaths each year; and

2       Whereas, Over 12 million adults reported seriously considering  
3 suicide and 1.7 million people have attempted suicide; and

4       Whereas, The stigma associated with mental health conditions  
5 and suicidality hinders suicide prevention by discouraging at-risk  
6 individuals from seeking lifesaving help and can further traumatize  
7 survivors of suicide loss and individuals with lived experience of  
8 suicide; and

9       Whereas, Despite mental health playing a factor in suicide  
10 prevention, many Americans continue to struggle to find treatment  
11 as a result of expense or inaccessibility; and

12       Whereas, We recognize that suicide and suicide attempts affect  
13 the friends and loved ones of those around us; and

14       Whereas, Those experiencing suicidal thoughts or mental  
15 distress can call or text 988 to speak with someone free and  
16 confidentially; and

17       Whereas, We must continue to invest in mental health resources  
18 and address the stigma of ideation of suicide to ensure no one  
19 feels that they do not have someone to speak to when they need it;  
20 now, therefore, be it

21       Resolved by the Senate, That the members of this legislative  
22 body designate September 2023 as Suicide Prevention Month.