

HOUSE RESOLUTION NO. 29

Reps. Rogers, Whitsett, Rheingans, Steckloff, Haadsma, Witwer, Martus, Fitzgerald, Farhat, Young, Neeley, Byrnes, Dievendorf, Miller, Coffia, Hill, Brabec, Brixie, McFall, Brenda Carter, Wilson, Stone, Glanville, Hoskins, Filler, Thompson, Borton, Roth, MacDonell, Hood, Mueller, Scott, VanderWall, Alexander, BeGole, Tyrone Carter, Hope and Schuette offered the following resolution:

1 A resolution to declare February 2023 as American Heart Month
2 and February 3, 2023, as National Wear Red Day in the state of
3 Michigan.

4 Whereas, Cardiovascular disease affects men, women, and
5 children of every age and race in the United States (U.S.); and

6 Whereas, From 2019-2020, deaths from heart disease increased
7 by 4.8 percent, the largest increase in heart disease deaths since

1 2012, while stroke deaths increased by 6 percent. Cardiovascular
2 disease continues to be the leading cause of death in the U.S.; and

3 Whereas, In 2021, heart disease was again the leading cause of
4 death in Michigan with nearly 27,000 citizens losing their life;
5 and

6 Whereas, By 2035, cardiovascular disease will account for over
7 \$1 trillion in health care expenditures and lost productivity
8 annually; and

9 Whereas, The global COVID-19 disease pandemic posed
10 significantly higher risk to individuals with cardiovascular
11 disease and risk factors; and

12 Whereas, Individuals in the U.S. have made great progress in
13 reducing the death rate for cardiovascular disease, but this
14 progress has been more modest with respect to the death rate for
15 cardiovascular disease in women and minorities; and

16 Whereas, Cardiovascular diseases are the number one killer of
17 women in the U.S., killing more women than all forms of cancer
18 combined. Cardiovascular disease is also the leading cause of
19 maternal death in the U.S., or more simply put, heart disease is
20 the number one killer of new mothers; and

21 Whereas, Women, especially Black and Hispanic women, are
22 disproportionally impacted by heart disease and stroke, and
23 research shows heart attacks are on the rise in younger women. Yet,
24 younger generations of women, also known as Gen Z and Millennials,
25 are less aware of their greatest health threat, including knowing
26 the warning signs of heart attacks and strokes; and

27 Whereas, Ninety percent of women have one or more risk factors
28 for developing heart disease or stroke; and

29 Whereas, Women are less likely to call 911 for themselves when

1 experiencing symptoms of a heart attack than if someone else were
2 having a heart attack; and

3 Whereas, The American Heart Association's Go Red for Women®
4 movement motivates women to learn their family history and to meet
5 with a health care provider to determine their risk for
6 cardiovascular disease and stroke; and

7 Whereas, National Wear Red Day encourages men and women to
8 take control of their heart health by understanding and managing
9 these five numbers: total cholesterol, HDL (good) cholesterol,
10 blood pressure, blood sugar, Body Mass Index (BMI); and

11 Whereas, The American Heart Association celebrates February
12 2023 as American Heart Month by promoting cardiovascular education,
13 awareness, and by encouraging citizens to learn the warning signs
14 of a heart attack and stroke; now, therefore, be it

15 Resolved by the House of Representatives, That the members of
16 this legislative body declare February 2023 as American Heart Month
17 and February 3, 2023, as National Wear Red Day in the state of
18 Michigan; and be it further

19 Resolved, That we also recognize the importance of the ongoing
20 fight against cardiovascular disease by applauding the citizens
21 across the country who wear red on February 3, 2023, to show their
22 support for women's health; and be it further

23 Resolved, That by increasing awareness, speaking out about
24 heart disease, and empowering women to reduce their risk for
25 cardiovascular disease and stroke, we can save thousands of lives
26 each year.